

Full Report (All Nutrients) 45134568, CUCINA DI LENSI Cheese Risotto, UNPREPARED, GTIN: 00047325803206

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Conagra Brands

Nutrient	Unit	Data points	Std. Error	1 cup (250g) 250g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	350	140
Protein	g	--	--	8.00	3.20
Total lipid (fat)	g	--	--	14.00	5.60
Carbohydrate, by difference	g	--	--	47.00	18.80
Fiber, total dietary	g	--	--	2.0	0.8
Sugars, total	g	--	--	0.00	0.00
Minerals					
Calcium, Ca	mg	--	--	150	60
Iron, Fe	mg	--	--	0.72	0.29
Sodium, Na	mg	--	--	750	300
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	100	40
Lipids					
Fatty acids, total saturated	g	--	--	7.000	2.800
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	35	14

Amino Acids

Other

Ingredients
PRECOOKED RICE (WATER, RICE, SALT), WATER, ASPARAGUS, CREAM (MILK), FONTAL CHEESE (MILK, SALT, CHEESE CULTURE, ENZYMES), CONTAINS 2% OR LESS OF:HARD GRATING CHEESE (MILK, SALT, CHEESE CULTURE, ENZYMES), SUNFLOWER OIL, WHITE WINE, BUTTER (MILK), WHEAT STARCH, BERGKAESE CHEESE (MILK, ENZYMES, CHEESE CULTURE, SALT), ONION, VEGETABLE BROTH (SALT, POTATO FLOUR, YEAST EXTRACT, POTATO MALTODEXTRIN, DEHYDRATED VEGETABLES [ONION, CARROT, CELERY, PARSLEY], SUNFLOWER OIL, SPICES, NATURAL FLAVOR), SALT, YEAST EXTRACT, GARLIC, SPICE. *Date Available:* 12/31/2016 *Date Last Updated by Company:* 12/31/2016